

Beauty and the Beet

Ingredients

Romaine, Mixed Greens, Tangerines, Cucumbers, Pickled Beets (Beets, distilled vinegar, water, sugar, salt, ginger), Almonds, Feta (Pasteurized milk, salt, cheese culture, enzymes), Black Pepper

*GLUTEN FREE



Salad

Nutrition Facts

1 servings per container	
Serving size	1 salad
Amount Per Serving	
Calories	250
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 590mg	26%
Total Carbohydrate 24g	9%
Dietary Fiber 6g	20%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 10g	20%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Grain Bowl

Nutrition Facts

1 servings per container	
Serving size	1 grain bowl
Amount Per Serving	
Calories	430
% Daily Value*	
Total Fat 17g	21%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 800mg	35%
Total Carbohydrate 61g	22%
Dietary Fiber 11g	38%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 15g	31%

Not a significant source of vitamin D, calcium, iron, and potassium

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Wrap

Nutrition Facts

1 servings per container	
Serving size	1 wrap
Amount Per Serving	
Calories	530
% Daily Value*	
Total Fat 23g	29%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 1040mg	45%
Total Carbohydrate 66g	24%
Dietary Fiber 12g	41%
Total Sugars 17g	
Includes 0g Added Sugars	0%
Protein 17g	35%

Not a significant source of vitamin D, calcium, iron, and potassium

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Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Almonds, Feta

Eggs: Almonds

Peanuts: Almonds

Tree Nuts: Almonds

Soy: Almonds

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 ounce
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 1.4g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	1%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 0g	0%

Not a significant source of vitamin D, calcium, iron, and potassium

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Citrus Marmalade Ingredients

Orange Marmalade (Sugar, bitter oranges, cane sugar, concentrated lemon juice, fruit pectin), Lemon Juice, Kosher Salt, Olive Oil

*1 ounce dressing is, "lightly dressed"