

# EVERGREENS

# THE AGE OF ASPARAGUS



## Ingredients

Romaine, Mixed Greens, Asparagus, English Peas, Bacon, Pickled Onions, Gorgonzola, Walnuts, Citrus Marmalade Vinaigrette

## Salad

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	1 salad
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>450</b>
% Daily Value*	
<b>Total Fat</b> 32g	<b>41%</b>
Saturated Fat 11.2g	56%
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 1350mg	<b>59%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 7g	25%
Total Sugars 6g	
Includes 0g Added Sugars	0%
<b>Protein</b> 26g	<b>52%</b>
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## Grain Bowl

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	1 grain bowl
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>630</b>
% Daily Value*	
<b>Total Fat</b> 35g	<b>45%</b>
Saturated Fat 11.2g	56%
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 1560mg	<b>68%</b>
<b>Total Carbohydrate</b> 55g	<b>20%</b>
Dietary Fiber 12g	43%
Total Sugars 5g	
Includes 0g Added Sugars	0%
<b>Protein</b> 31g	<b>62%</b>
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## Wrap

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	1 wrap
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>730</b>
% Daily Value*	
<b>Total Fat</b> 41g	<b>53%</b>
Saturated Fat 14.2g	71%
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 1800mg	<b>78%</b>
<b>Total Carbohydrate</b> 60g	<b>22%</b>
Dietary Fiber 13g	46%
Total Sugars 7g	
Includes 0g Added Sugars	0%
<b>Protein</b> 33g	<b>66%</b>
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## Common Allergies

Always let us know if you have an allergy before we prepare your salad.

- Dairy: Gorgonzola, Walnuts
- Eggs: Walnuts
- Peanuts: Walnuts
- Tree Nuts: Walnuts
- Soy: Walnuts
- Wheat: Wraps
- Fish:
- Shellfish: None

## Nutrition Facts

1 servings per container	
<b>Serving size</b>	1 ounce
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>120</b>
% Daily Value*	
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 1.4g	7%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 150mg	<b>6%</b>
<b>Total Carbohydrate</b> 10g	<b>4%</b>
Dietary Fiber 0g	1%
Total Sugars 8g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	<b>0%</b>
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## Citrus Marmalade Vinaigrette

**Ingredients**  
Marmalade (Sugar, bitter oranges, cane sugar, concentrated lemon juice, fruit pectin), Lemon Juice, Kosher Salt, Olive Oil

\*1 ounce dressing is, "lightly dressed"