

The Situation 2.0

Ingredients

Romaine, Arugula, Grape Tomatoes, Mama Lil's Peppers (peppers, non-gmo expeller pressed canola oil, extra virgin olive oil, vinegar, salt, garlic, spices, lemon juice), **Croutons** (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/Or Sunflower Oil, Salt, 2 Percentage Or Less Of Sugar, Garlic, Yeast, Annatto (Color), Butter Oil, Natural And Artificial Flavor (Milk), Soy Lecithin, Disodium Inosinate, Disodium Guanylate, Alpha Tocopherol (Antioxidant), Natural Smoke Flavor), **Fresh Mozzarella, Herb Pesto** (Basil, Canola Oil, Water, Parmesan Cheese (Pasteurized Part-Skim Cows' Milk, Cheese Culture, Salt, Enzymes), Granulated Garlic, Salt)



Salad

Grain Bowl

Wrap

Nutrition Facts

1 servings per container	
Serving size	1 salad
Amount Per Serving	
Calories	260
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 5.9g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 430mg	19%
Total Carbohydrate 15g	5%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 13g	26%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

1 servings per container	
Serving size	1 grain bowl
Amount Per Serving	
Calories	440
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 5.7g	29%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 670mg	29%
Total Carbohydrate 52g	19%
Dietary Fiber 9g	32%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 18g	36%

Not a significant source of vitamin D, calcium, iron, and potassium

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Nutrition Facts

1 servings per container	
Serving size	1 wrap
Amount Per Serving	
Calories	520
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 5.7g	29%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 900mg	39%
Total Carbohydrate 57g	21%
Dietary Fiber 8g	29%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 20g	40%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Mozzarella, Pesto

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: None

Wheat: Croutons, Wrap

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 ounce
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 2.3g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 0g	0%

Not a significant source of vitamin D, calcium, iron, and potassium

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Dijon Balsamic Ingredients

Balsamic Vinegar, Dijon mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), **Brown Sugar, Kosher Salt, Black Pepper, Olive Oil**

*1 ounce dressing is, "lightly dressed"