

EVERGREENS

When Berry Met Salad

Ingredients

Romaine, Mixed Greens, Strawberries, Blueberries, Pickled Beet (Beets, distilled vinegar, water, sugar, salt, ginger), Walnuts, Gorgonzola



Salad

Grain Bowl

Wrap

Nutrition Facts

1 servings per container	
Serving size	1 salad
Amount Per Serving	
Calories	340
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 9.8g	49%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 750mg	33%
Total Carbohydrate 28g	10%
Dietary Fiber 7g	25%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 16g	32%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

1 servings per container	
Serving size	1 grain bowl
Amount Per Serving	
Calories	520
% Daily Value*	
Total Fat 24g	31%
Saturated Fat 9.8g	49%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 960mg	42%
Total Carbohydrate 64g	23%
Dietary Fiber 12g	43%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 21g	42%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

1 servings per container	
Serving size	1 wrap
Amount Per Serving	
Calories	600
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 9.8g	49%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1190mg	52%
Total Carbohydrate 69g	25%
Dietary Fiber 12g	43%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 23g	46%

Not a significant source of vitamin D, calcium, iron, and potassium

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Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Walnuts, Gorgonzola

Eggs: Walnuts

Peanuts: Walnuts

Tree Nuts: Walnuts

Soy: Walnuts

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 ounce
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 2.3g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 0g	0%

Not a significant source of vitamin D, calcium, iron, and potassium

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Dijon Balsamic Ingredients

Balsamic Vinegar, Dijon mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Brown Sugar, Kosher Salt, Black Pepper, Olive Oil

*1 ounce dressing is, "lightly dressed"