

EVERGREENS

YELLOW POLKA DOT ZUCCHINI



Ingredients

romaine, spinach, marinated zucchini & yellow squash (chimichurri, herb pesto, salt), grape tomato, red bell peppers, quinoa, green onion, sunflower seeds

Salad

Nutrition Facts

1 servings per container	
Serving size	1 salad
Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 23g	8%
Dietary Fiber 7g	25%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 8g	16%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Grain Bowl

Nutrition Facts

1 servings per container	
Serving size	1 grain bowl
Amount Per Serving	
Calories	390
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 61g	22%
Dietary Fiber 12g	43%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 13g	26%

Not a significant source of vitamin D, calcium, iron, and potassium

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Wrap

Nutrition Facts

1 servings per container	
Serving size	1 wrap
Amount Per Serving	
Calories	470
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 660mg	29%
Total Carbohydrate 66g	24%
Dietary Fiber 11g	39%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 15g	30%

Not a significant source of vitamin D, calcium, iron, and potassium

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Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Marinated Zucchini, Dressing

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: None

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 fluid ounce
Amount Per Serving	
Calories	25
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.7g	4%
Trans Fat 0g	
Cholesterol < 5mg	1%
Sodium 200mg	9%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	4%

Not a significant source of vitamin D, calcium, iron, and potassium

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Greek Yogurt Dressing

Ingredients

Greek Yogurt, Sour Cream, White Wine Vinegar, Lemon Juice, Kosher Salt, Black Pepper, Granulated Garlic, Dry Dill, Dry Mint

*1 ounce dressing is, "lightly dressed"