

EVERGREENS

TARRAGON, SON OF ARATHORN



Ingredients

Romaine + Arugula, Green Beans, Roasted Potatoes, Grape Tomatoes, Green Olives, Hard Boiled Egg, Marinated Albacore Tuna, Tarragon Mustard Vinaigrette (olive oil, white wine tarragon vinegar, agave, whole grain mustard (water, vinegar, mustard seed, salt, white wine, fruit pectin, citric acid, tartaric acid, sugar, spice), kosher salt, black pepper

Salad

Grain Bowl

Wrap

Nutrition Facts

1 servings per container	
Serving size	1 salad (426g)
Amount Per Serving	
Calories	280
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 220mg	73%
Sodium 960mg	42%
Total Carbohydrate 16g	6%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 27g	54%
<small>Not a significant source of vitamin D, calcium, iron, and potassium.</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Nutrition Facts

1 servings per container	
Serving size	1 grain bowl (467g)
Amount Per Serving	
Calories	460
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 220mg	73%
Sodium 1200mg	52%
Total Carbohydrate 53g	19%
Dietary Fiber 9g	32%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 33g	66%
<small>Not a significant source of vitamin D, calcium, iron, and potassium.</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Nutrition Facts

1 servings per container	
Serving size	1 wrap (412g)
Amount Per Serving	
Calories	540
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 220mg	73%
Sodium 1430mg	62%
Total Carbohydrate 58g	21%
Dietary Fiber 8g	29%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 35g	70%
<small>Not a significant source of vitamin D, calcium, iron, and potassium.</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

- Dairy: Olives
- Eggs: Egg
- Peanuts: None
- Tree Nuts: None
- Soy: None
- Wheat: Wraps
- Fish: Tuna
- Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 ounce
Amount Per Serving	
Calories	100
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 0g	0%
<small>Not a significant source of vitamin D, calcium, iron, and potassium.</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Tarragon Mustard Vinaigrette Ingredients

Olive Oil, Cider Vinegar, Agave, Whole Grain Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Kosher Salt, Black Pepper

*1 ounce dressing is, "lightly dressed"