

THE FUN GUY



INGREDIENTS

Kale + Arugula, Wild Rice, Carrots, Marinated Mushrooms (*mushrooms, cider vinegar, chimichurri, lemon juice, kosher salt*), Green Onion, Mama Lil's Peppers, Pepitas

Salad

Grain Bowl

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 salad (284g)
Amount Per Serving	
Calories	290
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	21%
Total Carbohydrate 34g	12%
Dietary Fiber 9g	32%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl (379g)
Amount Per Serving	
Calories	440
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 700mg	30%
Total Carbohydrate 64g	23%
Dietary Fiber 11g	39%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 18g	36%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 wrap (324g)
Amount Per Serving	
Calories	530
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 940mg	41%
Total Carbohydrate 73g	27%
Dietary Fiber 12g	43%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 21g	42%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

- Dairy: Pepitas
- Eggs: Pepitas
- Peanuts: Pepitas
- Tree Nuts: Pepitas
- Soy: Pepitas
- Wheat: Wraps, Pepitas
- Fish: None
- Shellfish: None

Nutrition Facts	
1 servings per container	
Serving size	1 fluid ounce
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 1.7g	9%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	2%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Roasted Garlic Vinaigrette

Ingredients

Pure Olive Oil, Cider Vinegar, Roasted Garlic (*garlic, oil, cider vinegar, salt, black pepper*), Kosher Salt, Black Pepper

*1 ounce dressing is, "lightly dressed"