

Brussels Wilson Ingredients

kale + romaine, marinated brussel sprouts (*pure olive oil, salt, black pepper, Agro Ducle (garlic, red chile flake, red wine vinegar, agave, green onion, italian parsley, capers, salt)*), almonds, carrot, bacon (pork, water, salt, sugar, cultured celery powder, natural flavors) HB egg, mama lils peppers (Peppers, non-gmo expeller pressed canola oil, extra virgin olive oil, vinegar, salt, garlic, spices, lemon juice), cider vinaigrette
*GLUTEN FREE

Salad

Grain Bowl

Wrap



Nutrition Facts	
1 servings per container	
Serving size	1 salad (359g)
Amount Per Serving	
Calories	520
% Daily Value*	
Total Fat 36g	46%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 215mg	72%
Sodium 1460mg	63%
Total Carbohydrate 29g	11%
Dietary Fiber 11g	39%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 30g	60%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl (435g)
Amount Per Serving	
Calories	680
% Daily Value*	
Total Fat 39g	50%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 215mg	72%
Sodium 1690mg	73%
Total Carbohydrate 58g	21%
Dietary Fiber 13g	46%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 32g	64%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 wrap (381g)
Amount Per Serving	
Calories	760
% Daily Value*	
Total Fat 43g	55%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 215mg	72%
Sodium 1920mg	83%
Total Carbohydrate 67g	24%
Dietary Fiber 13g	46%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 35g	70%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: None

Eggs: Egg

Peanuts: None

Tree Nuts: Almonds

Soy: None

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts	
1 servings per container	
Serving size	1 f.oz (28g)
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Sodium 100mg	4%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Cider Vinaigrette

Ingredients

Cider Vinegar, Dijon Mustard (*Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice*), Agave, Kosher Salt, Black Pepper, Olive Oil

*1 ounce dressing is, "lightly dressed"