

# EVERGREENS

## When Berry Met Salad

### Ingredients

Mixed Greens + Romaine, Pickled Beets, Strawberries, Blueberries, Gorgonzola, Walnuts, Dijon Balsamic



### Salad

### Grain Bowl

### Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 salad
Amount Per Serving	
<b>Calories</b>	<b>340</b>
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 9.8g	49%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 750mg	33%
Total Carbohydrate 28g	10%
Dietary Fiber 7g	25%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl
Amount Per Serving	
<b>Calories</b>	<b>520</b>
% Daily Value*	
Total Fat 24g	31%
Saturated Fat 9.8g	49%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 960mg	42%
Total Carbohydrate 64g	23%
Dietary Fiber 12g	43%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 21g	42%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 wrap
Amount Per Serving	
<b>Calories</b>	<b>600</b>
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 9.8g	49%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1190mg	52%
Total Carbohydrate 69g	25%
Dietary Fiber 12g	43%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 23g	46%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

### Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Gorgonzola

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: None

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts	
1 servings per container	
Serving size	1 ounce
Amount Per Serving	
<b>Calories</b>	<b>150</b>
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 2.3g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

### Dijon Balsamic Ingredients

Balsamic Vinegar, Dijon mustard (*Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice*), Brown Sugar, Kosher Salt, Black Pepper, Olive Oil

\*1 ounce dressing is, "lightly dressed"