EVERGREENS



1 salad

Spicy Kale Caesar

Ingredients

Romaine, Kale, Grape Tomatoes, Jalapenos, Garlic Croutons (enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid) canola and/or sunflower oil, salt, 2% or less of sugar, garlic, yeast, annatto, butter oil, natural and artificial flavor, soy lecithin, disodium iosinate, disodium guanylate, alpha tocopherol, natural smoke flavor, tbhq), Aged Parmesan (pasteurized part-skim milk, cheese cultures, salt, enzymes, powdered cellulose, natamycin), Fresh Lemon

Salad

Nutrition Facts

1 servings per container Serving size

Amount Per Serving

Calories 190

Julionico	
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 480mg	21%
Total Carbohydrate 19g	7%
Dietary Fiber 6g	21%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 14g	29%

Not a significant source of vitamin D, calcium, iron, and

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Grain Bowl

Nutrition Facts

Serving size 1 grain bowl
Amount Per Serving

1 servings per container

Calories	<u>350</u>
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 3.9g	20%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 710mg	31%
Total Carbohydrate 52g	19%
Dietary Fiber 10g	34%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 18a	36%

Not a significant source of vitamin D, calcium, iron, and potassium

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Wrap

Nutrition Facts

1 servings per container Serving size

Amount Per Serving
Calories 43

1 wrap

41%

21%

31%

40%

Sodium 940mg
Total Carbohydrate 58g
Dietary Fiber 9g

Total Sugars 5g
Includes 0g Added Sugars

Protein 20g

Not a significant source of vitamin D, calcium, iron, and

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Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Parmesan, Croutons,

Evergreens Caesar

Eggs: Evergreens Caesar

Tree Nuts: None

Soy: Croutons

Wheat: Croutons, Wraps Fish: Evergreens Caesar

Shellfish: None

Nutrition Facts

1 servings per container
Serving size 1 ounces
Amount Per Serving
Calories 160

Calories	160
	% Daily Value
Total Fat 18g	23%
Saturated Fat 2.4g	12%
Trans Fat 0g	
Cholesterol < 5mg	1%
Sodium 250mg	11%
Total Carbohydrate < 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	3%

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Evergreens Caesar Ingredients

Mayonnaise (non-GMO expeller pressed canola oil, water, lemon juice, 2% or less of the following: organic sugar, salt, pea protein, spices), Olive Oil, Water, Lemon Juice, Parmesan Cheese, Worcestershire Sauce (distilled white vinegar, molasses, sugar, water, salt, onions, anchovies, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Garlic, Anchovy Filets, Black Pepper, Kosher Salt

*l ounce dressing is, "lightly dressed"