

EVERGREENS

I Pity the Tofu

Ingredients

Romaine, Cucumber, Carrots, Red Bell Pepper, Pickled Ginger (*ginger, water, salt, acetic acid, citric acid, aspartame, potassium sorbate, FD&C red No. 40*), Brown Rice (*pure olive oil, sea salt*), Green Onion, Tofu (*water, organic soybeans, calcium sulfate*), Sesame Seeds

*Vegan, Gluten Free



Salad

Grain Bowl

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 salad (418g)
Amount Per Serving	
Calories	170
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 25g	9%
Dietary Fiber 7g	25%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 9g	18%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl (475g)
Amount Per Serving	
Calories	350
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	22%
Total Carbohydrate 65g	24%
Dietary Fiber 12g	43%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 14g	28%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 wrap (421g)
Amount Per Serving	
Calories	430
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 740mg	32%
Total Carbohydrate 67g	24%
Dietary Fiber 11g	39%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: None

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: Miso Vinaigrette

Wheat: Wraps

Fish: None

Shellfish: None

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Nutrition Facts

1 servings per container	
Serving size	1 f.oz (28.35g)
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 1.1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 400mg	17%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 1g	2%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Mustard Miso Vinaigrette

Ingredients

White Miso (*Water, Organic Soybeans, Cultured Rice, Sea Salt, Potassium Sorbate*), GF Soy Sauce (*Water, Soybeans, Salt, Sugar*), Rice Vinegar, Lime Juice, Sesame Oil, Agave, Ground Ginger, Jalapeno, Coleman Mustard Powder, Pure Olive Oil

*1 ounce dressing is, "lightly dressed"