

Under the Tuscan Sun Ingredients

Romaine + Arugula, Marinated Mushrooms (mushrooms, lemon juice, fennel, leeks, olive oil, salt, pepper) Sun Dried Tomatoes (sun dried tomatoes, olive oil, salt, water) Fresh Mozzarella, Bagel Chips (org. wheat flour, water, org. olive oil, org. canola oil, org. garlic, org. cane sugar, sea salt, org. vital wheat gluten, org. soybean oil, org. whole wheat flour, org. barley malt, org. dried oregano, org. dried basil leaves, yeast, org. dried rosemary, org. white distilled vinegar, ascorbic acid, enzymes), Herb Pesto (basil, canola oil, water, parmesan cheese (pasteurized part-skim cows' milk, cheese culture, salt, enzymes), granulated garlic, salt. contains: milk)



Salad

Nutrition Facts	
1 servings per container	
Serving size	1 salad (288g)
Amount Per Serving	
Calories	310
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 510mg	22%
Total Carbohydrate 25g	9%
Dietary Fiber 6g	21%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 18g	36%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Grain Bowl

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl (364g)
Amount Per Serving	
Calories	500
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 740mg	32%
Total Carbohydrate 63g	23%
Dietary Fiber 11g	39%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 23g	46%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 wrap (309g)
Amount Per Serving	
Calories	570
% Daily Value*	
Total Fat 24g	31%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 980mg	43%
Total Carbohydrate 68g	25%
Dietary Fiber 10g	36%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 25g	50%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Fresh Mozzarella

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: Bagel Chips

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts	
1 servings per container	
Serving size	1 ounce
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 2.3g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Dijon Balsamic Ingredients

Balsamic Vinegar, Dijon mustard (*Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice*), Brown Sugar, Kosher Salt, Black Pepper, Olive Oil

*1 ounce dressing is, "lightly dressed"