

BETTER CALL SAMBAL

Ingredients

Romaine, Pineapple, Red Bell Pepper, Edamame, Jalapeno, Brown Rice (*brown rice, olive oil, salt*) Green Onion, Cilantro



Salad

Grain Bowl

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 salad (358g)
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 21g	8%
Dietary Fiber 7g	25%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 6g	12%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl (762g)
Amount Per Serving	
Calories	490
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 990mg	43%
Total Carbohydrate 174g	63%
Dietary Fiber 29g	104%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 29g	58%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Nutrition Facts	
1 servings per container	
Serving size	1 wrap (361g)
Amount Per Serving	
Calories	380
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	21%
Total Carbohydrate 63g	23%
Dietary Fiber 10g	36%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 14g	28%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

- Dairy: None
- Eggs: None
- Peanuts: None
- Tree Nuts: None
- Soy: None
- Wheat: Wraps
- Fish: None
- Shellfish: None

Nutrition Facts	
1 servings per container	
Serving size	1 fl oz (28g)
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 1.7g	9%
<i>Trans</i> Fat 0g	
Sodium 270mg	12%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 0g	0%
<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Spicy Sambal Vinaigrette

Ingredients

Ketchup (*tomato concentrate, high fructose corn syrup, distilled vinegar, corn syrup, salt, spices, natural flavors*) Brown Sugar, Soy Sauce (*water, soybeans, salt, sugar, brewing starter*), Pineapple Juice (*water, concentrated pineapple juice, ascorbic acid*) Garlic Powder, Ginger Powder, Sambal (*chili, salt, distilled vinegar, potassium sorbate, sodium bisulfite, xanthum gum*) Rice Vinegar, Black Pepper, Sesame Oil, Olive Oil

*1 ounce dressing is, "lightly dressed"