

KALE-GATE PARTY

Ingredients

Romaine + Kale, Spicy Pickled Green Beans (*green beans, calcium chloride, water, distilled vinegar, granulated sugar, salt, mustard seed, dill seed, red chile flakes, garlic*) Red Bell Pepper, Celery, Grape Tomatoes, Gorgonzola (*pasteurized milk, cheese cultures, salt, enzymes, powdered cellulose to prevent caking, natamycin*) Crispy Onions (*onions, enriched wheat flour, sunflower, safflower oil, canola oil, salt*) Southern Spices (*smoked paprika, black pepper, salt, red chile flake, dry oregano, granulated garlic*)



Salad

Grain Bowl

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 salad (328g)
Amount Per Serving	
Calories	320
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1000mg	43%
Total Carbohydrate 24g	9%
Dietary Fiber 6g	21%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 15g	30%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl (761g)
Amount Per Serving	
Calories	660
% Daily Value*	
Total Fat 30g	38%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1960mg	85%
Total Carbohydrate 172g	63%
Dietary Fiber 27g	96%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 35g	70%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 wrap (345g)
Amount Per Serving	
Calories	400
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1600mg	70%
Total Carbohydrate 51g	19%
Dietary Fiber 29g	104%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 24g	48%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Gorgonzola, Peppercorn Ranch

Eggs: Peppercorn Ranch

Peanuts: None

Tree Nuts: None

Soy: None

Wheat: Wraps, Crispy Onions

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 fl oz (28g)
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol < 5mg	1%
Sodium 140mg	6%
Total Carbohydrate < 1g	0%
Dietary Fiber 0g	0%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Peppercorn Ranch

Ingredients

mayonnaise(soybean oil, distilled vinegar, egg yolks, salt, sugar, mustard flour, onion powder, lemon juice concentrate, calcium disodium EDTA, spices) buttermilk, lemon juice, salt, black pepper, dried chives, dried parsley, granulated onion, granulated garlic, green peppercorns

*1 ounce dressing is, "lightly dressed"