

GIARDIN OF EDEN



Ingredients

Romaine + Arugula, Giardiniera (cauliflower, carrots, celery, red bell pepper, salt, water, oregano, thyme, red chili flakes, garlic powder, black pepper, white vinegar, olive oil) Balsamic Mushrooms (mushrooms, balsamic vinaigrette, salt, black pepper), Green Olives, Fresh Mozzarella (pasteurized milk, vinegar, enzymes, salt), Herbed Sun-Dried Tomatoes (sundried tomatoes, salt, olive oil, oregano, thyme, granulated garlic, black pepper) Garlic Croutons (OG wheat flour, water, OG olive oil, OG canola oil, OG garlic, salt, OG herb blend (OG oregano, OG basil, OG rosemary), OG barley malt, yeast, OG whole wheat flour, ascorbic acid, enzymes)

Salad

Nutrition Facts	
1 servings per container	
Serving size	1 salad (323g)
Amount Per Serving	
Calories	310
% Daily Value*	
Total Fat 18g	23%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 950mg	41%
Total Carbohydrate 23g	8%
Dietary Fiber 6g	21%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Grain Bowl

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl (755g)
Amount Per Serving	
Calories	620
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1920mg	83%
Total Carbohydrate 177g	64%
Dietary Fiber 28g	100%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 38g	76%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 wrap (339g)
Amount Per Serving	
Calories	420
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1560mg	68%
Total Carbohydrate 55g	20%
Dietary Fiber 30g	107%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 27g	54%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Mozzarella

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: None

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 ounces
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 2.3g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Red Wine Vinaigrette

Ingredients

Red Wine Vinegar, Granulated Garlic, Kosher Salt, Black Pepper, Olive Oil, Xanthum Gum

*1 ounce dressing is, "lightly dressed"