

MANGO YOUR OWN WAY

Ingredients

Romaine + Mixed Greens, Jicama, Fire Roasted Corn, Black Beans, Jalapeno, Green Onion, Brown Rice (*brown rice, salt, olive oil*), Pepitas, Cilantro Leaves

*Gluten Free

*Vegan



Salad

Nutrition Facts	
1 servings per container	
Serving size	1 salad (370g)
Amount Per Serving	
Calories	280
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 41g	15%
Dietary Fiber 12g	43%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 13g	26%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Grain Bowl

Nutrition Facts	
1 servings per container	
Serving size	1 grain bowl (802g)
Amount Per Serving	
Calories	650
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1320mg	57%
Total Carbohydrate 193g	70%
Dietary Fiber 34g	121%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 36g	72%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 wrap (386g)
Amount Per Serving	
Calories	370
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 970mg	42%
Total Carbohydrate 71g	26%
Dietary Fiber 36g	129%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 24g	48%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

- Dairy: None
- Eggs: None
- Peanuts: None
- Tree Nuts: None
- Soy: None
- Wheat: Wraps
- Fish: None
- Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 fl oz (28g)
Amount Per Serving	
Calories	70
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 0g	0%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Habanero Mango Vini

Ingredients

mango puree (mango, sugar, citric acid), rice vinegar, roasted habanero (habanero, olive oil), salt, granulated garlic, dried chives, black pepper, olive oil

*1 ounce dressing is, "lightly dressed"