

CHAATLINE BLING

Ingredients

Romaine + Mixed Greens, Roasted Paprika Carrot (carrots, olive oil, salt, smoked paprika) Garbanzo Beans, Grape Tomatoes, Tofu, Jalapeño, Cilantro, Crispy Onions (onions, enriched wheat flour, sunflower, safflower oil, canola oil, salt) Tamarind Sauce(wet tamarind, water, ginger powder, coriander, cumin, cayenne, salt, brown sugar)

***Gluten Free *Vegan**



Salad

Nutrition Facts	
1 servings per container	
Serving size	1 Salad (393g)
Amount Per Serving	
Calories	310
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Sodium 500mg	22%
Total Carbohydrate 43g	16%
Dietary Fiber 12g	43%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Protein 14g	28%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Grain Bowl

Nutrition Facts	
1 servings per container	
Serving size	1 Grain Bowl (825g)
Amount Per Serving	
Calories	680
% Daily Value*	
Total Fat 23g	29%
Saturated Fat 1g	5%
Trans Fat 0g	
Sodium 1430mg	62%
Total Carbohydrate 196g	71%
Dietary Fiber 34g	121%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 37g	74%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 Wrap (409g)
Amount Per Serving	
Calories	400
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 1g	5%
Trans Fat 0g	
Sodium 1080mg	47%
Total Carbohydrate 73g	27%
Dietary Fiber 36g	129%
Total Sugars 17g	
Includes 0g Added Sugars	0%
Protein 26g	52%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

- Dairy: None
- Eggs: None
- Peanuts: None
- Tree Nuts: None
- Soy: None
- Wheat: Wraps
- Fish: None
- Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 fl oz (28g)
Amount Per Serving	
Calories	170
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 2.7g	14%
Trans Fat 0g	
Sodium 45mg	2%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Garam Masala Vini

Lime juice, white wine vinegar, granulated garlic, ginger powder, garam masala (cardamom, cumin, black pepper, coriander, clove, cinnamon) kosher salt, brown sugar, pure olive oil

*1 ounce dressing is, "lightly dressed"