

THE BEET GOES ON(ION) Ingredients

Romaine + Kale, Quinoa (*quinoa, water, salt, olive oil*)
Balsamic Mushrooms (*mushrooms, salt, black pepper, Dijon Balsamic Vini* (*balsamic vinegar, dijon mustard* (*water, vinegar, mustard seed, salt, white wine, fruit pectin, citric acid, tartaric acid, sugar, spice*), *brown sugar, salt, black pepper, olive oil*))
Pickled Beets (*beets, distilled vinegar, water, sugar, salt, ginger powder*)
Feta (*pasteurized milk, salt, cheese culture, enzymes*)
Bacon (*Pork, Water, Salt, Sugar, Cultured Celery Powder, Natural Flavor, water*)
Almonds, Black Pepper
***Gluten Free**



Salad

Nutrition Facts	
1 servings per container	
Serving size	1 Salad (323g)
Amount Per Serving	
Calories	470
	% Daily Value*
Total Fat 26g	33%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 1020mg	44%
Total Carbohydrate 37g	13%
Dietary Fiber 10g	36%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 27g	54%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Grain Bowl

Nutrition Facts	
1 servings per container	
Serving size	1 Grain Bowl (757g)
Amount Per Serving	
Calories	810
	% Daily Value*
Total Fat 38g	49%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 1970mg	86%
Total Carbohydrate 185g	67%
Dietary Fiber 30g	107%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 48g	96%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 Wrap (340g)
Amount Per Serving	
Calories	550
	% Daily Value*
Total Fat 29g	37%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 1620mg	70%
Total Carbohydrate 64g	23%
Dietary Fiber 32g	114%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 37g	74%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Feta

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: None

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 fl oz (28g)
Amount Per Serving	
Calories	160
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Sodium 70mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Protein 0g	0%
<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Caramelized Onion Vini Ingredients

Caramelized onion (*onions, olive oil, white wine viengar*) **Whole grain mustard**(*water, vinegar, mustard seed, salt, white wine, fruit pectin, citric acid, tartaric acid, sugar, spice*) **dried thyme, granulated garlic, granulated onion, brown sugar, kosher salt, black pepper, white wine vinegar, sherry vinegar, pure olive oil**

*1 ounce dressing is, "lightly dressed"