

TROPIC LIKE IT'S HOT Ingredients

Romaine + Spinach, Jerk-Spiced Brussels Sprouts (brussels sprouts, island spices, salt, olive oil, lime juice) Black Beans, Red Bell Pepper, Warm Brown Rice (brown rice, water, salt, olive oil) Green Onion, Cashews, Island Spices (granulated onion, granulated garlic, cayenne, smoked paprika, allspice, black pepper, red chile flakes, cumin, cinnamon, thyme, brown sugar)

***GLUTEN FREE * VEGAN**



Salad

Grain Bowl

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 Salad (362g)
Amount Per Serving	
Calories	310
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 510mg	22%
Total Carbohydrate 41g	15%
Dietary Fiber 11g	39%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 13g	26%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 Grain Bowl (787g)
Amount Per Serving	
Calories	690
% Daily Value*	
Total Fat 25g	32%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 1460mg	63%
Total Carbohydrate 195g	71%
Dietary Fiber 33g	118%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 36g	72%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 Wrap (373g)
Amount Per Serving	
Calories	410
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 1110mg	48%
Total Carbohydrate 73g	27%
Dietary Fiber 35g	125%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 24g	48%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

- Dairy: None
- Eggs: None
- Peanuts: None
- Tree Nuts: None
- Soy: None
- Wheat: Wraps
- Fish: None
- Shellfish: None

Nutrition Facts	
1 servings per container	
Serving size	1 fl oz (28g)
Amount Per Serving	
Calories	70
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Habanero Mango Vini Ingredients

Mango puree (mango, sugar, citric acid), rice vinegar, roasted habanero (habanero, olive oil), salt, granulated garlic, dried chives, black pepper, olive oil

*1 ounce dressing is, "lightly dressed"