

EVERGREENS WHERE'S WALDORF?

ingredients

Romaine + Kale, Apples, Red Grapes, Celery, Dried Cranberries (*cranberries, sugar, citric acid, elderberry juice concentrate, sunflower oil*) Sunflower Seeds, Gorgonzola (*pasteurized milk, cheese cultures, salt, enzymes, powdered cellulose to prevent caking, natamycin to protect flavor*)

*GLUTEN FREE



Salad

Grain Bowl

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 Salad (301g)
Amount Per Serving	
Calories	500
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 700mg	30%
Total Carbohydrate 63g	23%
Dietary Fiber 11g	39%
Total Sugars 43g	
Includes 0g Added Sugars	0%
Protein 18g	36%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 Grain Bowl (734g)
Amount Per Serving	
Calories	810
% Daily Value*	
Total Fat 33g	42%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1650mg	72%
Total Carbohydrate 210g	76%
Dietary Fiber 31g	111%
Total Sugars 41g	
Includes 0g Added Sugars	0%
Protein 38g	76%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts	
1 servings per container	
Serving size	1 Wrap (318g)
Amount Per Serving	
Calories	580
% Daily Value*	
Total Fat 24g	31%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1300mg	57%
Total Carbohydrate 90g	33%
Dietary Fiber 34g	121%
Total Sugars 42g	
Includes 0g Added Sugars	0%
Protein 27g	54%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Greek Yogurt Dressing, Gorgonzola

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: None

Wheat: Wraps

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 fluid ounce
Amount Per Serving	
Calories	25
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.7g	4%
Trans Fat 0g	
Cholesterol < 5mg	1%
Sodium 200mg	9%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	4%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Greek Yogurt Dressing

Ingredients

Greek yogurt, sour cream, white wine vinegar, lemon juice, kosher salt, black pepper, granulated garlic, dry dill, dry mint

*1 ounce dressing is, "lightly dressed"