

WAKAME THIS WAY



Ingredients

Romaine + Spinach, Brown Rice (brown rice, salt, olive oil, water), Watermelon Radish, Wakame Salad ((seaweed, agar, black fungus, sugar, salt, soy sauce (soybean, wheat, salt, water) sesame seeds, sesame oil, vinegar, chili, chili bean sauce (chili, soybean, salt, wheat, sugar) FD&C yellow No. 5, FD&C Blue No. 1)), Green Onion, Ginger Carrot (carrots, ground ginger, kosher salt, rice vinegar, sugar), tofu (water, organic soybeans, calcium sulfate) Togarashi (New Mexico chili, orange peel, black pepper, sesame seeds, Szechuan peppercorns, kosher salt, nori flakes, lemon, tamari soy)

Salad

Nutrition Facts

1 servings per container	
Serving size	1 salad (335g)
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 520mg	23%
Total Carbohydrate 23g	8%
Dietary Fiber 7g	25%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 9g	18%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Grain Bowl

Nutrition Facts

1 servings per container	
Serving size	1 grain bowl (760g)
Amount Per Serving	
Calories	530
% Daily Value*	
Total Fat 15g	19%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1480mg	64%
Total Carbohydrate 177g	64%
Dietary Fiber 30g	107%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 31g	62%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Wrap

Nutrition Facts

1 servings per container	
Serving size	1 wrap (346g)
Amount Per Serving	
Calories	250
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1120mg	49%
Total Carbohydrate 55g	20%
Dietary Fiber 31g	111%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 20g	40%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: None

Eggs: None

Peanuts: None

Tree Nuts: None

Soy: Wakame Seaweed,

Tofu, Togarashi

Wheat: Wakame Seaweed

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 Fl Oz (28g)
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Sodium 65mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Umeboshi Vini

Ingredients

Umeboshi Vinegar (umeboshi plums, salt, shiso, rice vinegar), Olive Oil, Ground Ginger, Umeboshi Plum Puree (umeboshi plum, salt, shiso) Granulated Sugar, Xanthum Gum

*1 ounce dressing is, "lightly dressed"