

ingredients

Romaine + Spinach, Roasted Cauliflower (cauliflower, salt, pepper, olive oil) Roasted Sweet Potato (sweet potato, salt, pepper, olive oil) Garbanzo Beans (prepared chick peas, water, salt, calcium chloride, disodium edta) Feta Cheese (pasteurized milk, salt, cheese culture, enzymes), Golden Raisins, Cilantro, Sunflower Seeds, Chermoula Sauce (coriander, cumin, granulated garlic, lemon juice powder, smoked paprika, gochugaru chile, black pepper, cilantro, mint, olive oil, red wine vinegar, preserved lemons (lemons, water, salt, citric acid, ascorbic acid))

***GLUTEN FREE**

Salad

Nutrition Facts	
1 servings per container	
Serving size	1 Salad (386g)
Amount Per Serving	
Calories	510
% Daily Value*	
Total Fat 31g	40%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 710mg	31%
Total Carbohydrate 51g	19%
Dietary Fiber 13g	46%
Total Sugars 19g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Wrap

Nutrition Facts	
1 servings per container	
Serving size	1 Wrap (397g)
Amount Per Serving	
Calories	610
% Daily Value*	
Total Fat 34g	44%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1310mg	57%
Total Carbohydrate 82g	30%
Dietary Fiber 37g	132%
Total Sugars 19g	
Includes 0g Added Sugars	0%
Protein 27g	54%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



Common Allergies

Always let us know if you have an allergy before we prepare your salad.

Dairy: Feta Cheese, Greek Yogurt Dressing, Sunflower Seeds*

Eggs: Sunflower Seeds*

Peanuts: Sunflower Seeds*

Tree Nuts: Sunflower Seeds*

Soy: Sunflowers Seeds*

Wheat: Wraps, Sunflower Seeds*

Fish: None

Shellfish: None

Nutrition Facts

1 servings per container	
Serving size	1 Fl Oz (28g)
Amount Per Serving	
Calories	40
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 2.1g	11%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 120mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 1g	2%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Greek Yogurt Dressing

Ingredients

Greek Yogurt, Sour Cream, White Wine Vinegar, Lemon Juice, Kosher Salt, Black Pepper, Granulated Garlic, Dry Dill, Dry Mint

*1 ounce dressing is, "lightly dressed"